



## HELPING HAND RESOURCES FOR FAMILIES IN CRISIS

### Childcare Assistance & Adult Day Care

- <https://www.dhs.state.il.us/page.aspx?item=68333>
- <https://www.catholiccharities.net/family-support/child-welfare/>
- <https://www.catholiccharities.net/community-care/>

### Housing Assistance, Utility Assistance, etc.

- <https://www.catholiccharities.net/homelessness-prevention/housing-access/>
- <https://centralusa.salvationarmy.org/northcentralillinois/pathway-of-hope/>
- <https://www.cedaorg.net/what-we-do/energy-assistance/>

### Domestic Violence

- <https://www.catholiccharities.net/domestic-violence-support/>
- <https://pillarscommunityhealth.org/services/domestic-and-sexual-violence-services/>
- <https://familyrescueinc.org/programs/>
- <https://wingsprogram.com/>
- <https://www.crisisctr.org/>